HIV doesn't discriminate

Human Immunodeficiency Virus (HIV) is a virus that affects the immune system. Like all viruses, it doesn't care who you are, where you live or what you do for a living. Anyone who's had sex can get HIV. If you've had sex, you should get tested.

You can't see HIV

For many people it can take years for a single symptom to develop. Not knowing puts their health, and the health of those they love, at risk. The only way to know is to get tested.

HIV is a treatable disease

When diagnosed early, HIV is a chronic but treatable disease. People on treatment for HIV can lead full, happy lives.

If we all do it, regular testing can end HIV

1 in 4 HIV-positive people don't know they have the virus. Undiagnosed and untreated, these people could go on to unknowingly infect many more. In fact about half of all new HIV infections come from people who don't know they have the virus.

But diagnosed and treated, HIV-positive people are 96 percent less likely to pass the virus along. When we know about it, we can stop transmission.

Getting tested routinely for HIV

HIV testing is voluntary, like any other blood work or medical treatment. But voluntary doesn't mean unnecessary. Anyone who has sex can get HIV, so everyone who's had sex should be tested regularly.

Make an HIV test part of your routine healthcare.
Knowing your HIV status is an important part of managing your health.
Protect your health and the health of those you love.

If we all start regular HIV testing now,
then maybe someday, nobody will need to.

CHANGE HIVSTORY
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AN HIV TEST IS RECOMMENDED
FOR YOU, YOUR NEIGHBOURS,
FOR EVERYONE.

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