Implementation Checklist

Resources in **bold italics** are included in your syllabus and are also available at <u>hiv.upccpd.ca</u>. **(MOA)** denotes a task you can delegate to your Medical Office Assistant.

1. Inform your colleagues

Use the Summary Sheet and Physician FAQ as a guide to explain the rationale and recommendations for routine HIV testing to colleagues.

2. Engage your MOAs

- > Explain rationale for routine HIV testing (as above)
- Review everyone's duty under the *Health Professions Act* to maintain confidentiality around information contained in all medical reports
- > Delegate as much of the office preparation as possible (see below).

3. Choose a START DATE

Write it down: ______ and enter it into your calendars.

4. Display information for patients

- Print HealthLinkBC "Health File" patient information handout (available in English, Chinese, French, Punjabi, Spanish and Vietnamese); make available in exam rooms and waiting area (MOA)
- Order or print *posters*; display in exam rooms and waiting area (MOA) *Tip:* Email <u>hiv.cpd@ubc.ca</u> to request posters.

5. Set up reminder systems

What reminder systems do you already use and that work for you? Some physicians have found it helpful to:

- Prepare *lab requisitions* (MOA)
 - "Highlight" HIV testing on paper requisition with a bright colour; change highlighter colour every month or so to reduce habituation (MOA)
 - "Highlight" HIV testing on EMR requisition template in a bright colour, or by whatever other means your EMR allows (MOA)
- Set up chart reminders (MOA)
 - EMR reminders e.g. for all adults; add HIV test offer to patient summary (MOA)
 - Paper Chart reminders e.g. sticker on front sheet when test results are filed (MOA)
- Create memory aides
 - Visual reminder for you in your exam room HIV testing poster in your line of sight; a flower on your desk; tally sheet taped to your desk (MOA)

Tip: Ask your MOA to set up a variety of reminders at different times to reduce habituation.

□ 6. Set a target

Choose an easy target at first, e.g. 2 tests per day.

7. START TESTING

- > Use the *Offering a Test* resource for suggested wording for your test offer and recommendation
- Sive your patient the *HealthLinkBC* "Health File" with their lab requisition
- Use a simple *Tally Sheet* to log no. of tests offered, no. of tests ordered; some find it helpful and interesting to also count declined tests & reason(s).

8. Review your progress

Revise and reset your targets, aim to increase weekly. Reward yourself!